

A Leader with Positive Attitude and thinking can bring great Success

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Abstract: *In this present age of globalization leaders are facing with enormous challenges to run organization. The characteristics of a successful global leader today are different than traditional hierarchical managers. The technological changes and uncertain climate need high levels of emotional intelligence and self-awareness to unite people of different attitude, personality and culture. The leaders have to think and work in a very creative and innovative way. Many organizations still concentrate vital decisions in the hands of a small group of trusted leaders. T.V Rao in the 'Forward' writes that with technological development and changes in the complexity of organization, the leadership competency requirements are also changing. To cope with the changes a leader should possess a positive attitude and thinking to bring success to the organization.*

Keywords: *positive attitude, uncertain climate, globalization, leadership, positive thinking*

I. INTRODUCTION

Leadership:

Leadership is a word that inspires us in many walks of life. To lead is to manage, to create and to guide. It has positive connotations for many of us who want to follow the leader, or who want to become like him or her. Leadership is a powerful word. It is associated with an individual who has earned the respect of others and who leads them effectively and show them the right direction. It should evoke positive feelings in people. Leadership should not be a dictatorship; it should not produce negative feelings among others. It needs to be able to inspire at all times, and the key to this is attitude.

If we take the example of one of the longest epic of the world 'The Mahabharata' teaches us the important lessons of perspective leadership. In which the leadership of Lord Krishna helped the Pandavas to win the battle by showing them the right path. Krishna was a great leader because he was a problem solver, pragmatic, and a good judge.

Good leaders use influence to steer others towards their goals, rather than power and this is an important point to remember. Power is a negative aspect of leadership, but influence depends on your attitude and ability to rally the workforce. Personality is central to the workplace; people come together in harmony or collide depending on their personalities and tensions can easily be caused. Often it is unavoidable. After all, we all have different personality and different opinions about problem solving. The best leaders will harness the strengths and skills that people have and use them to their best ability, meeting the demands of the new workplace, which is being led by technology and where the old fashioned ideals of power and fear have no place.

We can site another example of a prominent leader Neilson Mandela. Who influence the people and prove himself to be a transformational leader. He was an amazing leader because of his dedication, inspiration, and his vision of change. He was one of the leaders to put an end to segregation/apartheid rule of Africa and the first black president of the country. As president, his main goal was to unify Africa. He made sure that everyone clearly knew and understood his goal of equality, and took all the steps possible in order to reach that goal. He encouraged the actions of others, and motivated others towards acceptance of people that are different. From integrating his own staff, to the desire for the rest of Africa to also get along with people of a different race, Nelson Mandela made sure he accomplished his goal as much as possible. So basically he modeled the way, inspired a shared vision, enabled others to act, challenged the process, and encouraged the heart, which are all 5 parts of leadership. All these qualities, and his peaceful tactics for dealing with the issue, are some of the many reasons why Nelson Mandela was such a great leader.

Positive attitude and leadership:

To make leadership effective it is very much important in part of a leader to have positive attitude. Attitude is everything. Having the right attitude towards life is vital, if we want to see leadership success. The attitude of a leader has a huge impact on the culture and environment of an organization. The leader's attitude tends to spread and affect others drastically. A good leader truly cares about the moral of the team, motivates his team with respect, a relentlessly positive attitude. The success of any organization is very much dependent on the leadership attitude. The role of a leader is to inspire people so that they can contribute their best to the organization and also inspire them to become more confident in their work to achieve their personal and group goals, reflects the attitude of a leader.

A positive attitude is a frame of mind – our perspective, as leaders, has much to do with how we engage and deal with challenges. As a leader, whatever industry you are in, you need to always remember that the energy you bring to everything you do, will be noticed and improved. Your personal attitude is a huge part of what you project to your team and organization. If you aren't demonstrating a positive, supportive and encouraging attitude, how can you expect others to?

Challenges and problems will be always there. As a leader you need to meet the challenges and focus on long term strategy to be more effective in the role. As the workplace becomes more flexible, diverse and mobile than ever before

because of globalization, leaders need to adapt to the changes and see them in a positive light. It is a tough time for those who like to be in control and to show that they have the knowledge to pass on to others, as the workplace becomes increasingly flexible. With the right attitude, leadership today should be a more exciting role than ever.

The weakness of leaders, when they don't have all the answers, makes them actually more attractive in the eyes of others because they show their human unreliability. Being a good leader is less about being the smartest and more about understanding others and what makes a team work together to reach solutions.

The movie Lagaan which was released in the year 2001 is one of the best movies to explain leadership. How a person named Bhuvan from a very small village tries to do something exceptional and proved himself to be a great leader. As a leader he had a vision, positive attitude and risk taking capacity. He fought against British and got rid of doubled taxes. He accepted the challenge of cricket match and also had a positive attitude of winning cricket match against British. So we can say that positive attitude is a key to effective leadership.

Leadership and Positive thinking:

- Positive thinking can help cut out negative thoughts which can help you feel better and confident about yourself and your ability. With positive mind you become a lovely person for everyone and people want to see you beside them. If you have positive thinking, you can get joy, success, happiness in every step of life.
- Positive thinkers have an easier time getting over their fears of failure and deciding to take new challenges.
- A positive thinker becomes more attractive for others. Positive thinking is a power towards the success that one can use to achieve one's goals and it is the only way to shape your life in the best angle.

If you approach everything in life with an attitude of 'Positive Thinking' it will have a positive impact on you and less negative thoughts of others will affect you. Gradually you will begin to experience a greater amount of success in your life. A positive mental attitude will open the doors to the successful life.

Leaders with positive thinking build a positive self image, develop self confidence and act as a good motivator for others. People often wonder how to be positive in their thoughts and actions, especially, when they are unhappy and unsatisfied or when life is difficult or tough to deal with. It is rather easier to feel positive when everything goes well, but real positive thinking is revealed when one can maintain it in difficult times. It is then that you need it the most. But most people do not know how to be positive and what they need to do. It is all a matter of attitude and thinking. If we keep having the same thoughts, they will eventually tend to manifest in our world, which means that if we desire good things, we need to be careful about our thoughts. We have to stay and think positive. It is, in fact, our mind that creates the kind of life we live. If we think positively, we will transform our life accordingly.

You may read books on positive thinking and think that you are positive, but when difficulties appear, you just forget about everything positive, instead of believing in yourself, looking for solutions and seizing opportunities.

Many people place a great deal of faith in leaders, whether it's business leaders, political leaders, or leaders of religious or social groups. Leaders are important representatives of their organizations, and people by nature, look to those in leadership positions for direction, for inspiration, motivation, and for comfort. Leaders give us clues about how to behave, about what is right, and about what is important. Sometimes, we expect our leaders to be almost superhuman in their ability to solve problems and create positive outcomes. While leaders are always important to the success of organizations, during crisis, they take on particularly critical roles. They help reduce the turmoil of a crisis and reassert order and control. They oversee the response and help others understand and cope with what is happening.

Practicing positive thinking in the workplace:

It has been observed from surveys that at an average of 7 to 8 hours people spend in the workplace. So the most waking hours of a day people are spending in the workplace. We spend much of our time in the workplace, so give yourself something to look forward to. Focus on your strengths for a happier working life. If you could feel happier, boost your self-confidence, feel more energetic, be less stressed and feel more effective – would you do whatever it takes? It can be as simple as finding your strengths and putting them to work. We all have strengths, and identifying our best attributes can have a positive effect on work and life in general. Positive thinking in the workplace is extremely important. When our thinking is positive, our attitude is positive and we transfer a feeling of success to our colleagues. In other words – we transfer energy and enthusiasm to those around us. People feel good towards us and are more willing to help us. Successful leaders create a positive and inspiring workplace culture. They know how to set the tone and bring an attitude that motivates their colleagues to take action. As such, they are likeable, respected and strong willed. They don't allow failures to disrupt momentum.

Positive attitude in the work place have many benefits. It helps to improve communication within the employees in the organization. It not only helps for better teamwork but also increase morale of employees which ultimately leads to better productivity.

II. SOME WAYS TO POSITIVE THINKING IN THE WORKPLACE

- ❖ You need to practice and make positive thinking your prevailing attitude towards life. This will transfer towards positive thinking in the workplace. So, how can you make it a prevailing attitude? By entertaining positive thoughts. It takes as much effort to think about the negative as it is for the positive. Focus on the positive and expect a positive result. Associate with colleagues with a positive attitude. Read inspiring quotes. These are simple ways to create a habit of positive thinking in the workplace
- ❖ Positive thinking in the workplace focus on solutions. When a project goes bad and not in the desired direction - a positive thinker concentrates on solutions instead of the problem. Most of the time it is observed that, some colleagues have a natural tendency to point fingers when things do not go right? They tend to whine and complain instead of starting to work on a solution immediately? Positive thinkers live up to the **challenge** of the problem and **commit** themselves to seeking a solution to the problem. They do not dwell in unproductive activities
- ❖ When people are assigned with new projects or assignments, which they are not familiar with. They develop many negative thoughts in their mind, such as “Oh no, I am never ever able to do this.” When this happens, it ends up dwelling on it and wasting precious time. Positive thinking in the work place involves thinking in these words – “**I can**”, “**I will**”, “**I am able**”, “**I am ready**”. It also involves taking the initiative to seek answers and solutions and to be proactive in learning about the information needed to complete the assignment. A positive thinker in the workplace **concentrates** on the assignment and is not distracted by negative thoughts

III. CONCLUSION

To have a great attitude in leadership, we must constantly be aware of the things that are influencing us. As a leader, you will be constantly influencing people, but as a person, you yourself will be constantly influenced by your surroundings. Think about the attitudes you bring to the organization as a leader – they are vitally important to your organizations success. You have a choice – leverage your capacity to rise above business’ day-to-day obstacles to make things happen or stand aside and let others do what you know you could be doing.

William James, an early 20th century philosopher said, “*It is our attitude at the beginning of a difficult undertaking which, more than anything else, determines its outcome.*” How true it is, how true it is...

Keep your thoughts positive, because your thoughts become your words.

Keep your words positive, because your words become your behaviour.

Keep your behaviour positive, because your behaviour becomes your habits.

Keep your habits positive, because your habits become your values.

Keep your values positive, because your values become your destiny.

MAHATMA GANDHI, *Open Your Mind, Open Your Life: A Book of Eastern Wisdom*

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